dark colours

If you feel like just crawling into a hole at the end of the day, dark colours will certainly make your bedroom feel like a true retreat.

Colours that echo the depths of night are perfect for bedrooms. Dark bedrooms create a cave-like sanctuary and lend themselves to more luxury looks – think deep navy with gold accents, for example, for a reassuring traditional vibe, or deep jade green for a decadent boudoir effect.

While true blacks have slipped from the top of the trends, try inky blues like Resene Blue Night, rusticated greens like Resene Palm Leaf, toasted blacks that are softened with brown like Resene Triple Masala or faded blacks that walk the line between black and charcoal like Resene Baltic Sea. Even rich wine burgundies like Resene Vanquish are finding favour. These colours are more interesting than straight black and help you create a cocooning or luxe, resort-style sleeping space.

Be bold and go all out – paint the ceiling too, and use accessories and bedlinen that blends or is tonal rather than contrasting.

Resene Half Bianca	Resene Tasman	Resene Terrain	Resene Innocence
Resene Saddle	Resene Baltic Sea	Resene Nocturnal	Resene Palm Leaf
Resene Triple Masala	Resene Blue Night		

Right: Aptly named Resene Nocturnal is a deep grey which echoes the night sky. The Resene Nocturnal walls of this bedroom almost beckon slumber especially when used in a relaxing palette with Resene Viktor (try Resene Innocence) on the floor and side table in Resene Organic (try Resene Terrain).

Opposite top: This bedroom by interior designer Charlotte Coote of Coote & Co pairs Resene Cosmos, an orange-toned pink with trims painted in Resene Half Bianca.

Opposite left: Reds and pinks are the colour of romance – show your space a little love with walls in Resene Pohutukawa with painted headboard in Resene Dust Storm. Floor in Resene Double Rice Cake and bedside table in Resene Dust Storm. Flower artwork from The Warehouse.

top tip

If you're opting for darker hues, consider using matte finishes, such as Resene SpaceCote Flat, to emphasise the velvety depth of your chosen colour.