MORNING HAZE

I love this colour so much I have painted a bedroom, lounge, laundry and even the entry hall with it. This is the most beautiful subtle shade: it makes rooms feel quite spacious but also intimate at the same time. This colour is lovely to live with.

RUDOLPH

My sister painted her lounge in a similar tone to this and as a teenager visiting, I always thought when I grew up I wanted a deep red lounge. So chic and cool. I still haven't done it, but it's very Diana Vreeland from Harper's Bazaar – who also had a red lounge.

COCONUTICE

This colour is perfect if you are brave enough to move away from white walls and want a colour that everything looks great against. I think furniture in all colours and house plants always look brilliant paired with a wall of pink! Who doesn't love coconut ice?

LIGHT FANTASTIC

In our first house we bought and renovated, we painted the tongue-and-groove walls a brilliant, bright yellow. It was the 1990s and we had some fun dinner parties and celebrations in that room. This wonderful bright yellow always reminds me of those happy times ... now I'm thinking we need to bring the yellow dining room back.

HALF BLACK WHITE

So this is always our go-to white of choice. No matter when we need a white paint, we always choose this fresh, clean shade that has enough depth in it to give white walls a punch and not too much of a clinical hospital feel. Warm and inviting, white is always popular and for many of us, it is a go-to colour.

WILD SIDE & WELLYWOOD

In the second house we renovated when our children were very young, we painted our dining room an apple green, much like these two fabulous colours. Everyone who walked into that room always would say, 'WOW. GREEN!' Interesting artworks always looked fabulous against this strong colour and a white tablecloth-set table always meant fun times ahead.

KIA KAHA

All our external window frames and fascia boards have just been painted this glorious colour. The entrance steps and front door surrounds are also in this colour and it has made a 1930s brick bungalow feel very modern. The rest of the house is brick and so it showcases the red and brown bricks off well, along with the modern addition to our home in black.

MY FAVOURITE 15 COLOURS FROM RESENE

MiNDFOOD's Editor-in-Chief Michael McHugh celebrates 15 years of MiNDFOOD by choosing 15 of his favourite colours from the brand new Range Fashion Fandeck from Resene. Using the 'colour isolators', finished in a neutral shade of grey, allowing colour chips to be isolated without the clashing of other colours, Michael McHugh chose colours reminiscent of childhood memories, as well as some he enjoys using today.





AMPED

This red-orange shade of red is just beautiful, and on the right walls with different light throughout the day and night, it gives a big or small room that punch of creativity, perfect for a feature wall. It reminds me of the roses my father grew in his front garden.

PITCH BLACK

This fantastic jet-black colour has just been used on our external garage and sleepout and now makes those buildings look brand spanking new. The material is wood, cut in a batten and board-like pattern, so once restained, they look great and will last many years in harsh weather conditions.

FREEWHEELING

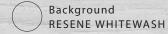
I painted my MiNDFOOD office in Auckland this colour and although it feels like a Tiffany box wrapped with a white ribbon, it looks cool with my old bookshelves jampacked with too many books, and newly upholstered green chairs. It also bought to life a previously boring office space.

SUNBEAM & LIQUID GOLD

These colours remind me of Central Otago in autumn, driving along Felton Road in Bannockburn as autumnal leaves fall and spin around in the wind. It's a perfect colour palette for a darker room that needs warming up and you feel like snuggling in with a hot chocolate and open fire.

ADRENALIN & GRENADIER

I have started including a lot of orange hues in my paintings and so these two are my favourite. Packing a punch, they look like navel oranges, mandarins, tangelos and clementines in the sunshine. These colours just make me happy.



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